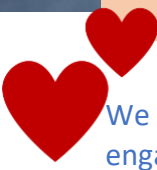




Invest in Your Relationship/Marriage

Premarital/Newly Married Couples' Workshops



We are planning a series of mini workshops in the coming months designed to help premarital and engaged or committed couples prepare for marriage and road map their future as a way to safeguard their relationship and create “an insurance policy” against the ravages of separation and divorce.

We base our well-established approach on faith-based Temperament Theory, which posits that God gave each of us a unique temperament type with strengths and weaknesses, and that it is up to us to use our gifts and talents in service of others.

By knowing our Temperament, we are better able to understand our own deepest needs and wants. This, in turn, helps us to appreciate our partner and provide them with what they need most from us.

Learn about yourself and your partner through the following topics as well as group, couple and individual exercises, readings, personal reflections, and couple assignments:

- ♥ What part do God, religion and spirituality play in our marriage?
- ♥ What's my Temperament type (my Truest Self) and how can I make my partner aware of my needs and wants? What does it mean if we are temperamentally mismatched?
- ♥ How much of my Family of Origin plays into what I bring to my relationship today?
- ♥ What have I not told my partner about myself yet because I'm frightened of rejection? What are my and my partner's secret expectations of each other (e.g., gender roles, culture, religious practices, family traditions, parenting, money, power/control)?
- ♥ How good am I really with money and what does this mean for my partner?
- ♥ How come my happiness is mostly my responsibility and NOT my spouse's?
- ♥ When there is love, why is friendship so important and how good a friend am I anyway?
- ♥ How can we build intimacy so that our love making can be more passionate?
- ♥ How much can I trust myself and my partner?
- ♥ How committed am I when my relationship is truly tested?
- ♥ How can we continue to learn and grow together?
- ♥ How much truth, safety and security do I really provide?
- ♥ How can I become a better communicator?
- ♥ How can I learn to love my partner unconditionally?
- ♥ How can we bring more fun and adventure into our relationship?
- ♥ How can we stay strong when facing the abyss together?



If you are interested in finding out more or signing up, please email us at info@temperamentcounseling.com. To get \$50 off registration for you and your partner, provide the couple discount promo code **TCAA50**